



# Session 10: Skill of Consequences, Power of Intention

E-Course/Mini-Poster



**Mistakes are opportunities to learn. Every conflict is an opportunity to teach.**

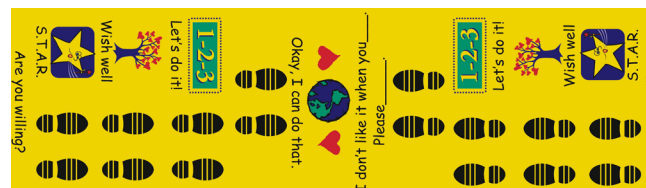
**Natural consequences** provide the most effective motivation for changing a behavior. Let children experience the natural consequences of their actions whenever it is safe.

**Logical consequences** motivate connected children to use skills they already possess. Children must feel connected and be proficient in the skill for logical consequences to work.

“You have a choice. You can choose to     (positive skill)     and     (positive consequence)    , or you can choose to     (negative skill)     again and     (negative consequence)    . Tell me what will happen if you     (negative skill)     again.”

If the negative behavior continues, say, “I can see by your actions that you’ve chosen to     (negative consequence)    ,” and follow through on the consequence with empathy.

**Problem solving** motivates children to use their Executive Skills to resolve the issue, like with the Time Machine and P.E.A.C.E. process.



My personal commitment:

I am going to \_\_\_\_\_